

# WELCOME TO **accu**health.

*Your health and wellness  
are our priority.*

**Let's get started!**

**SCAN ME**



**Choose one of three options** to get started  
and take your first reading:

**1**  **If you are comfortable with the device already**  
just go ahead and start using it.

Otherwise, an **Accuhealth clinician is on  
standby** ready to help you.

**2**  **Text RPM**  
to 90105

**3**  **Schedule a call with an Accuhealth Nurse**  
[myaccu.net/setup](http://myaccu.net/setup)

**Remember to take at  
least one reading per  
day.** It is okay if you  
miss a day or two, it  
happens to all of us.  
Continue taking your  
readings daily so that  
your doctor can make  
sure you are on track  
to meet your health  
goals.

*Need new batteries?*

*More diabetic consumables (lancets, test strips)?*

*Having device Issues? Not feeling well?*

**SIMPLY TEXT OR CALL ACCUHEALTH FIRST**

 **Text RPM to 90105**

 **CALL: 1 (888) 407 - 4108 Ext 1**

**Don't throw away this pamphlet. Put it on your refrigerator for easy access in the future.**

# HOW TO RETURN YOUR DEVICE

Returning your device is easy. If for any reason you would like to return your device, please follow this steps.

## STEP 1:



### Use the Prepaid Return Envelope Provided

Simply place the device(s) and all accessories (power cord, cuff, batteries, diabetic consumables, etc.) in their original box and place the box in the prepaid FedEx return envelope.

## STEP 2:



### FedEx Dropoff

Drop off the sealed package at one of many supported FedEx locations, such as CVS Pharmacy or Walgreens.

Or call FedEx to schedule a pickup from the comfort of your home at **1 (800) 463 - 3339**

**accuhealth.**

 [me.accuhealth.tech](https://me.accuhealth.tech)  1-888-407-4108 x8