

How to Use your Weight Scale?

Place the scale on a hard, flat space.
(avoiding carpets or any soft surface).



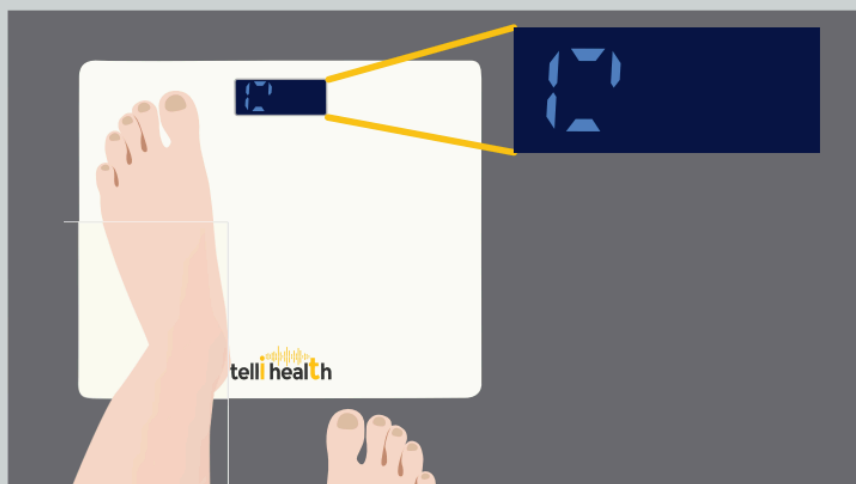
1

Stand on the scale with your feet evenly spaced and hold still. It will turn on automatically. Your weight will display on the screen after three seconds, as pictured below.



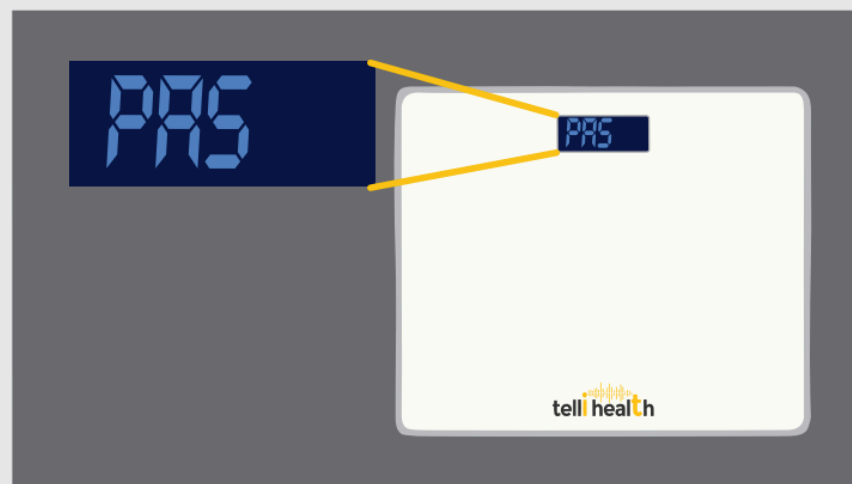
2

Step off the scale, it will display a circling line.



3

Wait until it displays "PAS".



4