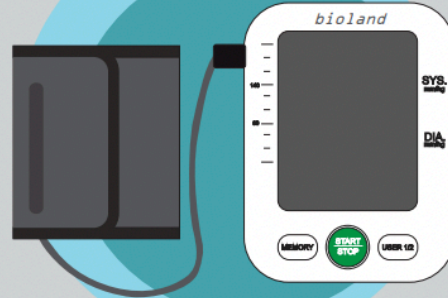


# How to use your BP monitor (A600N)?

Make sure your device is not plugged in and has enough battery. Do not charge the device while testing.



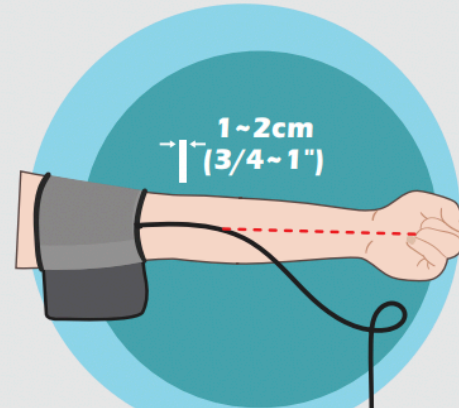
1



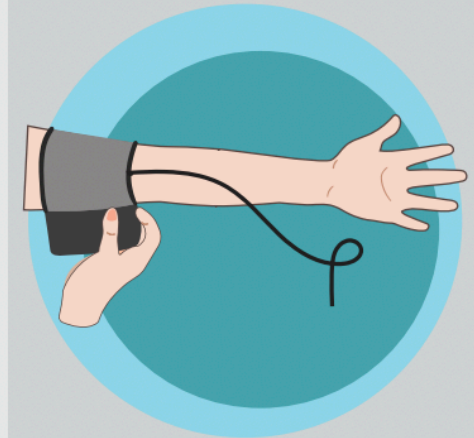
Connect the cuff to the left side of your device

2

Apply the cuff on your left or right upper arm so that the tube is aligned with your middle finger, pointing toward on your lower arm and palm



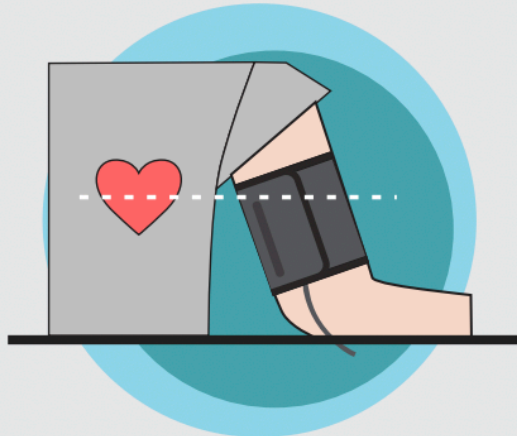
3



Wrap the cuff snugly in place around your upper arm

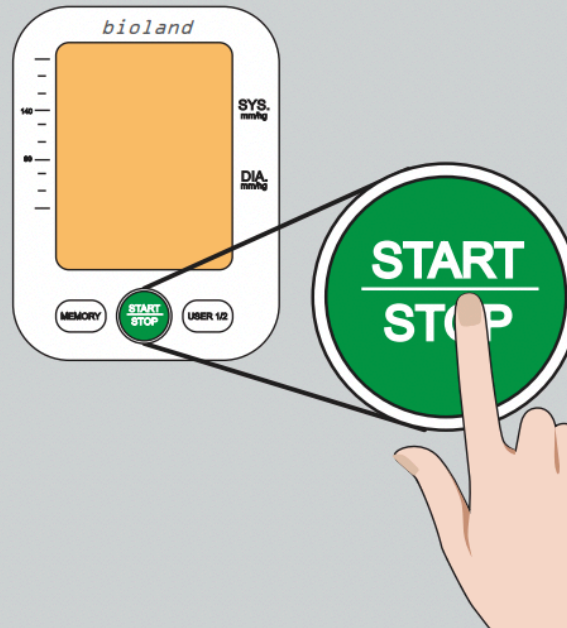
4

Support your arm (i.e. resting on a desk with a pillow or book to adjust arm height) so that the middle of the cuff is at heart level.

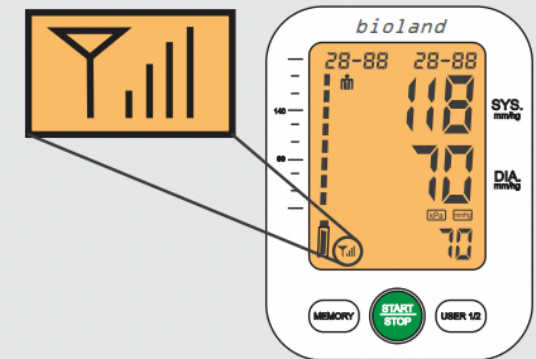


5

Start the measurement on your device



6



Once you get your readings, wait until the Antena Symbol stops blinking and your device will shut off on its own.

7