

Levine Heart & Wellness Delivers Proactive High-Touch Care with Accuhealth Remote Patient Monitoring

METRICS AT A GLANCE

512

Active patient count

29 mmHG

Average reduction in systolic blood pressure

22 mmHG

Average reduction in diastolic blood pressure

\$1.68M

Medicare cost savings

“Accuhealth’s RPM solution improves patients’ wellbeing. As a cardiology practice, we’ve seen impressive control of blood pressure readings with the utilization of Accuhealth’s service. You’re able to look at the data and adjust medications instead of having to bring patients into the office. Our patients also look at it as a big win and they see it as a way to really improve their health. The overwhelming majority of patients have found it a great way to positively alter their lifestyle and improve their health. Integration has been seamless and my office staff love it too. I can’t say enough good things about Accuhealth.”

- Dr. Ronald Levine

CHALLENGE

Healthcare providers wanted additional touchpoints to proactively monitor patients with heart disease and chronic conditions

Dr. Ronald Levine and his team at Levine Heart & Wellness wanted to get ahead of negative health outcomes, get enhanced and consistent data on their patients, such as blood pressure and weight metrics. Patients, in turn, needed to be more adherent to their health program and empowered to take ownership of their health between clinic visits. The practice sought a preventative care solution to monitor and provide high-touch care to patients with chronic conditions.

SOLUTION

Increasing touchpoints and a proactive care model using Accuhealth’s turnkey Remote Patient Monitoring solution

Within 48 hours, Accuhealth’s remote patient monitoring (RPM) solution seamlessly integrated with Levine Heart & Wellness’ existing processes and procedures, placing patient readings directly in the existing athenahealth EHR software. With Accuhealth’s 24/7/365 clinical monitoring team in place and daily patient biometric data at their fingertips, Levine Heart & Wellness delivers world-class preventative care, keeping patients more engaged, and getting ahead of negative health outcomes.

RESULTS

Levine Heart & Wellness utilizes Accuhealth RPM to gain valuable biometric touchpoints to deliver world-class preventative care

Successful onboarding of 512 patients had a profound effect on their practice. In 2022, patients averaged a -29 mmHg reduction in systolic blood pressure and a -22 mmHg reduction in diastolic blood pressure, with an estimated \$1.68 million in cost savings to the Medicare system in avoidable hospital visits from patients using Accuhealth RPM*. Patient adherence and satisfaction increase significantly as patients become empowered to make healthier lifestyle choices. Billing was seamless with auto-generated claims in athenahealth generating additional monthly recurring revenue for the practice.

**Based on the Centers for Medicare and Medicaid Services’ (CMS) published average cost of \$13,600 per trip to the hospital.*

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